



CREATIVE ARTS TASTER PROGRAM OF SUPPORT

SINGLETON SOCIAL, COMMUNITY & CREATIVE PATHWAYS

Join our supportive creative community for this 8-week Creative Arts Taster Program of Support. Connect, Create and discover the visual arts for self-expression.

**WEDNESDAY
9AM-3PM**

INTENDED OUTCOMES

Define your Arts Practice

Boost Creative Confidence

Build Positive Social Connections

Collaborative Showcase

BYO Art supplies for Individual Portfolio. \$50 Art Kit. Costs as per activity schedule.

In-service kms apply. Program of Support Terms and Conditions apply

For more information or to book your supports,
visit maiwel.com.au or contact (02) 4015 8400
or email enquiries@maiwel.com.au

 **Mai·Wel**
Full of Possible



DEFINE YOUR ARTS PRACTICE

Identify your primary art mediums and articulate a unique personal artistic style and vision

BOOST CREATIVE CONFIDENCE

Cultivate self-direction and creative autonomy by planning, managing, and presenting your own weekly project goals

BUILD POSITIVE SOCIAL CONNECTIONS

Grow your confidence alongside like-minded creatives where friendships flourish through shared artistic practice, group discussions, and weekly social activities

CONNECT TO COMMUNITY

Build meaningful friendships and creative networks in a supportive group setting

COLLABORATIVE SHOWCASE

Contribute individual work to a unified group project that showcases each artist's unique style and goal

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WEEK

CORE FOCUS

- 1 The Joy of Art Making:
Introductions & Individual Goal Setting for the 8 weeks.
Group Planning for outings and final group Open Studio
celebration . Expressive exploration with charcoal, ink,
and graphite to free up and play.

- 2 Colour and Mood:
Experimenting with watercolours and acrylics. Focus on
how different colours make us feel rather than "painting
a subjective picture"

- 3 Art in the Wild:
A relaxed day of "slow looking" and sketching at a local
café, parks etc. Focusing on the experience, the art of
noticing. Nature journaling: Using foraged leaves, bark,
or stones to create rubbings, prints, and simple
sketches

- 4 Gallery Inspiration:
Analysing how artists use materials and composition.
Studio time to work on individual art.

WEEK	CORE FOCUS
5	Mixed Media Exploration: Combining techniques (e.g., watercolour + ink) to see how materials interact. A session dedicated to "happy accidents."
6	The Flow State: Focused on rhythmic, repetitive art-making (like patterns or gestural marks) as a tool for mindfulness and relaxation.
7	Arts 4 All: A visit to the Art gallery to look at curation of exhibitions, storytelling, titles and more Dedicated studio time for individual work and selecting works to showcase.
8	Open Studio Celebration Artemaking, setting up showcase and an informal afternoon where participants can invite a friend/family member to see their folder and enjoy a casual "studio tea"