

# SOCIAL, COMMUNITY AND CREATIVE PATHWAYS



#### What is Social, Community and Creative Pathways?

Our Social, Community and Creative Pathways link people with disability in the Hunter region to people and possibilities.

With three fit-for-purpose facilities, fun and flexible programs and guidance from our expert Support Workers and specialised Mentors, Mai-Wel aims to offer so much more than the stock standard social supports!

We have a program for everyone, whether you:

- · Have low to high needs
- Are aged between 16 65
- Want to attend daytime, evening and/or weekend supports we offer it all!
- · Are interested in group programs or individual supports.

We split our supports into 3 categories:







#### Creative Arts



Unlock your creativity with our Creative Arts programs!



Led by our specialised Mentors who have real experience in the field, you can discover new passions with activities like:



Music



Visual Arts



Performing



- Creative Writing
- 1:1 Mentoring
- · And so much more!

#### Social and Community Access



Connecting with people is key to your wellbeing.



Our programs will help you connect to your community and meet new friends through activities like:



Weekday, evening and weekend social groups



Swimming



Yoga



Community programs like gardening or volunteering



- Exploring the community
- And so much more!

## Skill Building Supports



Have a unique personal goal, like building independence or going on a holiday? We can help! Examples include:



Meal preparation and cooking



Travel training



Money handling and budgeting



· Supports for specific goals, like going on a short holiday, or learning a specific skill.

## Getting started with Mai-Wel

To get started with Mai-Wel, have a chat to our friendly Intake Team to figure out which supports are best for you.

Phone: 4057 2990



### Our Facilities

Mai-Wel John Street - Address: 23 John St, Telarah

This facility can cater for all individuals, including people who may have complex needs. Highlights of this facility include:

- Sensory rooms and garden
- Resources and tools for a range of hobbies
- · Individualised personal care rooms

#### The Cottage - Address: 115a South St, Telarah

Providing a homely space for people to develop life and social skills. Highlights of this facility include:

- Cooking facilities
- Chill out zone

#### Creative Arts

Professional studio spaces to build artistic and creative skills. Highlights of this facility include:

- Art studios
- Music studios

Mai-Wel Cessnock - Address: 201 Vincent St, Cessnock (best entry for NDIS supports is via the ramp off Charlton St)

This unique space is for people to develop life and social skills, and build artistic and creative skills. Highlights of this facility include:

- Art and music studios
- Music studios
- Cooking facilities



Mai-Wel services include:

- Employment Pathways
- Workforce Australia Transition to Work
- Home and Living Pathways
- Social, Community and Creative Pathways