

# SOCIAL, COMMUNITY AND CREATIVE PATHWAYS



# WHAT IS SOCIAL, COMMUNITY AND CREATIVE PATHWAYS?

Our Social, Community and Creative Pathways link people with disability in the Hunter region to people and possibilities.

With three fit-for-purpose facilities, fun and flexible programs and guidance from our expert Support Workers and specialised Mentors, Mai-Wel aims to offer so much more than the stock standard social supports!

We have a program for everyone, whether you:

- > Have low to high needs
- > Are aged between 16 65
- > Want to attend daytime, evening and/or weekend supports we offer it all!
- > Are interested in group programs or individual supports.

We split our supports into 3 categories:







# **CREATIVE ARTS**

Unlock your creativity with our Creative Arts programs! Led by our specialised Mentors who have real experience in the field, you can discover new passions with activities like:



Music



Visual Arts



Performing



Creative Writing



1:1 Mentoring



And so much more!

#### SOCIAL AND COMMUNITY ACCESS

Connecting with people is key to your wellbeing. Our programs will help you connect to your community and meet new friends through activities like:



Weekday, evening and weekend social groups



Swimming



Yoga



Community programs like gardening or volunteering



Exploring the community



And so much more!

#### SKILL BUILDING SUPPORTS

Have a unique personal goal, like building independence or going on a holiday? We can help! Examples include:



Meal preparation and cooking



Travel training



Money handling and budgeting



Supports for specific goals, like going on a short holiday, or learning a specific skill.

#### **HOW DO I GET STARTED?**

WE WOULD LOVE TO DISCUSS YOUR NDIS GOALS. **CONTACT MAI-WEL TODAY!** 



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# **OUR FACILITIES**

#### JOHN STREET MAI-WEL

**ADDRESS: 23 JOHN ST, TELARAH** 

This facility can cater for all individuals, including people who may have complex needs. Highlights of this facility include:



Sensory Rooms Sensory Rooms





Individualised Personal Care Rooms

# THE COTTAGE, SOUTH STREET

ADDRESS: 115A SOUTH ST. TELARAH

Providing a homely space for people to develop life and social skills. Highlights of this facility include:



Cooking facilities 6 Chill out zone



### CREATIVE ARTS, HIGH STREET

ADDRESS: 5/555 HIGH ST, MAITLAND

Professional studio spaces to build artistic and creative skills. Highlights of this facility include:



Art studios



Music studios

# MAI-WEL CESSNOCK

ADDRESS: 201 VINCENT ST, CESSNOCK (BEST ENTRY VIA CHARLTON ST)

This unique space is for people to develop life and social skills, and build artistic and creative skills. Highlights of this facility include:



Art studios



Music studios



Gardens



Cooking facilities



Chill out zone

#### **COMMUNITY**

Various community locations including but not limited to: art galleries, libraries, museums and general community resources.



Mai-Wel's range of services include:

- > Employment Pathways
- > Workforce Australia
  - Transition to Work
- > Home and Living Pathways
- > Social, Community and Creative Pathways
- > Support Coordination & Psychosocial Recovery Coaching