

HOME AND LIVING PATHWAYS

EMPOWERING YOU TO LIVE AN INDEPENDENT LIFE

Our home and living pathways aren't just about helping you in the home. It's about building your ability to run your life your way. Encouraging independence at home. Connecting you to your community. Helping you to build a full, vibrant and independent life!

 **Mai·Wel**
Full of Possible



WHY MAI-WEL'S HOME AND LIVING PATHWAYS?

WE SPOKE TO GENERAL MANAGER OF NDIS PATHWAYS, LUCY CRAWFORD TO FIND OUT.

"Mai-Wel started over 60 years ago, founded by a number of Maitland-based families who met and shared their concerns about the lack of recognition of the needs of their children with disability for education and opportunities. We have since grown over these 60 years to expand our service offerings however we have continued to keep the people we support at the heart of our purpose.

Our staff are highly trained and continually train and upskill whilst on the job and throughout their working career, so you can be assured that you will be supported with quality care.

Mai-Wel has a wider care team to ensure you're achieving your goals. We're here for you at every step of your journey, creating personalized clinical care plans, access to an in-house Clinical Nurse Consultant and Behaviour Support Consultant, and of course your trained Support Worker. We look forward to welcoming you to be part of the Mai-Wel family and hope that through the facilities and supports that we provide, you can achieve your goals and dreams."

LUCY CRAWFORD,
GENERAL MANAGER
NDIS PATHWAYS



HOW WE CAN SUPPORT YOU

AT HOME

Home is where the heart is, which we understand. To help you feel happy and comfortable in your own home, or in a Mai-Wel owned Supported Independent Living (SIL home), we'll help you build independent living skills.

This could include teaching you to:

- > Prep meals you love
- > Create and stick to a budget
- > Keep the house spick and span
- > Helping you with personal care.

GETTING OUT AND ABOUT

It can be hard to access your community. Do you have a goal to hang out with more people, or do the things you enjoy outside of the home? We can help!

These supports could look like:

- > Going grocery shopping
- > Getting to medical appointments
- > Becoming confident using public transport
- > Finding a club you enjoy and making friends, like playing sporting, volunteering at the community gardens, pottery lessons etc.
- > Catching the events you love like attending the footy, watching a movie or rock concert etc.
- > Or just getting out and about in general.

It doesn't stop there! We can link you to a number of supports and Allied Health professionals who can help you with bigger goals, like planning a holiday. If you're interested in something that isn't listed above, have a chat to us; our supports are super varied and we can help connect you with the services suited to you.





ADDITIONAL INFORMATION

OUR SERVICES

LOCATIONS: Our services are available across Maitland, Cessnock, Newcastle, Port Stephens and the wider Hunter Valley.

NDIS PRICING INFO: Due to our broad range of supports, there are several NDIS Funding Line Items used to access our services, some of which include:

- > Assistance with Self-Care Activities
- > Assistance with Personal Domestic Activities
- > Assistance to access community-based social and recreational activities
- > Group activities in the community.

We know NDIS can be confusing, so don't worry! Our Intake Team can help you figure out if you have the correct funding for this services

AGES: We support people aged 16 and over.

GETTING STARTED

HAVE A CHAT TO OUR FRIENDLY INTAKE TEAM TO FIGURE OUT IF OUR SUPPORTS ARE FOR YOU.



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Mai-Wel's range of services include:

- > Employment Pathways
- > Workforce Australia - Transition to Work
- > Home and Living Pathways
- > Social, Community and Creative Pathways
- > Support Coordination & Psychosocial Recovery Coaching