

Coronavirus (COVID-19)

We hope you are well and staying safe during COVID-19. It has been a tough time for everyone as we try to keep living life as normal as possible.



A BIT OF FUN

We know that not being able to see family and friends has been hard for a lot of people, but there are some fun ways you can still keep in touch with your loved ones!

You may have heard of HouseParty. It is a free and popular app for playing games and video chatting. Check it out at:

www.houseparty.com

Websites like Jackbox Games offer different games to download. Some of these cost money but may be helpful if you are looking for new ways to entertain your family.

Take a look at: www.jackboxgames.com

INFORMATION ABOUT COVID-19

We have set up a page on our website with information and helpful links on COVID-19 from Government, National Disability Services and more.

You can also find messages from our CEO and more of these Mai-Wel Bulletins to keep you posted on how Mai-Wel is responding to COVID-19.

Click here to visit the website:

www.maiwel.com.au/covid19/

CHECKING IN WITH MAI-WEL

Our staff miss seeing you every day! While we are offering some online mentoring and virtual services and are contacting participants regularly, it's just not the same!



To make sure everyone can stay connected, Mai-Wel are sharing good news stories on our social media pages, listed at the bottom of the page.



If you would like to share what you have been up to during COVID-19, you can send through your photos and stories to your usual Mai-Wel support contact and we would be delighted to share these with our online community!



Make sure you keep in touch with your support contact at Mai-Wel. They will be able to provide you with information on what is available for you during this time.

THINGS TO REMEMBER

It is very important that you practice the following hygiene measures both at home and at work:

- washing your hands regularly,
- avoiding areas with lots of people,
- practice social distancing, and
- only go out for essentials e.g. medical appointments and groceries.

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